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Better Home Living

A newsletter that is both informative and fun!

MAY 2023

Hello and welcome to our newsletter!

Did You Know? Nearly All Countries Have Some Sort of Mother's Day

It has been said in song that the word 'mother' is so precious that it sounds the same in every language. If that is true, it shouldn't be a surprise that mothers throughout the world have a special day.

-In the United States and Canada, Mother's Day is always the second Sunday in May. In the U.S. Mother's Day was officially established in 1914.

-Around the world, the dates may be different but the celebration is roughly the same: Cards, flowers or maybe chocolates for mom.

-France established their holiday for mothers in 1950 and is generally on the fourth Sunday in May.

-In the UK, mothers were honored as early as the 16th century on the fourth Sunday of Lent, called Mothering Sunday.

-The mariachi sounds of Las Mananitas are heard in Mexico every May 10 to celebrate mom. In India and Japan, Mother's Day is the second Sunday in May.

-In Egypt and some other Arab countries, mothers are honored on the first day of spring.

CHECK OUT OUR BLOG!

www.kristiklean.com/blog

Our blog offers a variety of informative articles that can help simplify your daily life. Discover how to clean stainless-steel appliances, explore the many uses for vodka, how often to clean your refrigerator, and learn what to do with that old vacuum gathering dust in your closet. I try to create content that is both engaging, practical, and relevant. Whether you're looking for cleaning hacks or other informative cleaning ideas, our blog has the articles you need to simplify your daily routine and find more enjoyment in your everyday tasks.

MAY FACTS

1. May is named after the Greek goddess Maia, who was associated with fertility and the growth of plants.
2. May 5th is celebrated as Cinco de Mayo in Mexico and the United States, commemorating the Mexican army's victory over the French at the Battle of Puebla in 1862.
3. The Kentucky Derby, one of the most famous horse races in the world, takes place on the first Saturday in May.
4. May 4th is celebrated as Star Wars Day by fans of the franchise, due to the pun on the popular catchphrase "May the force be with you" (May the fourth be with you).
5. Memorial Day, a federal holiday in the United States honoring the men and women who died while serving in the military, is observed on the last Monday in May.
6. May is also recognized as National Bike Month, National Hamburger Month, and National Salad Month in the United States.
7. Lei Day, celebrated in Hawaii on May 1, is a holiday that honors Hawaiian culture and tradition.
8. May 20, 1932, aviator Amelia Earhart became the first woman to fly solo across the Atlantic Ocean.
9. May 6, 1908, is the day Kristi's great-grandfather stepped off a ship from Norway on Ellis Island, New York, and the rest is history!



"Spring is a time to find out where you are, who you are, and move toward where you are going." - Penelope Trunk

REMINDER: If you would like additional services added, please let us know in advance and contact us for pricing on these items. This is a great time of year to get the refrigerator interior cleaned, entry hall closet, cupboards, blinds dusted, baseboards cleaned, or add changing sheets to your service.

Here is a simple yet delicious recipe for May:

Strawberry Spinach Salad Recipe

Ingredients:

- 5 ounces baby spinach
- 1 cup sliced strawberries
- 1/4 cup chopped pecans
- 1/4 cup crumbled goat cheese
- 1/4 cup balsamic vinaigrette

Directions:

1. Rinse and dry the baby spinach leaves.
2. Slice the strawberries and chop the pecans.
3. In a large bowl, mix together the spinach, strawberries, pecans, and goat cheese.
4. Drizzle the balsamic vinaigrette over the salad and toss to combine.
5. Serve and enjoy!

This salad is light, fresh, and perfect for enjoying during the warm May weather. Feel free to adjust the ingredients to your liking or add other fruits or nuts to the mix for extra flavor and texture.

What is the history of the Maypole?

May Day has its roots in astronomy and was traditionally celebrated on the halfway point between the spring equinox and the summer solstice. In ancient times, this day was one of the Celtic cross-quarter days, marking the midway points between the four solstices and equinoxes of the year.

May Day festivities celebrated the start of the agricultural season with song, dance, and decorations. Cattle were driven to pasture, special bonfires were lit, and doors of houses and livestock were adorned with yellow May flowers.

This day also has a long history and tradition in England. People would "bring in the May" by gathering wildflowers and green branches, weaving floral hoops and hair garlands, and crowning a May king and queen.

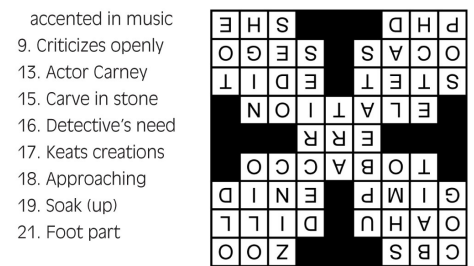
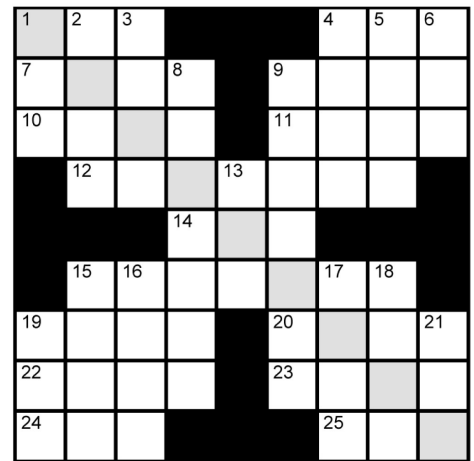
Famed Word Book

Across

1. "60 Minutes" network
4. Madhouse
7. Diamond Head locale
9. Pickle flavoring
10. Hobbling gait
11. "National Velvet" author Bagnold
12. Pipe filler
14. Blunder
15. Jubilation
19. Leave in, as text
20. Cut or paste, maybe
22. Wood sorrels
23. Utah lily
24. Advanced deg.
25. "Thar ___ blows!"

Down

1. Machine tooth
2. Lure
3. Jerk
4. Brass component
5. Melange
6. Elderly
8. They're not



The headline is a clue to the answer in the diagonal.

CURRENT CUSTOMERS

Take the Trivia Challenge and Win!

\$25 off one cleaning in June

Here is how it works. Answer the question below by going to our website and fill out the contact form for a general question. The first 10 to answer the question, by the contact form, will be entered in the drawing at the end of the month! You may be the lucky winner!

What day did Amelia Earhart became the first woman to fly solo across the Atlantic Ocean?

- a. May 20
- b. May 6
- c. May 1
- d. May 4

HINT: The answer is hidden somewhere in this newsletter.

We love our 5 Star reviews on Google and always appreciate it!

Here is the latest one from Kerry--another long term customer!

"We have used Kristi Klean for years. We are moving out of state and wish they could come along. I would highly recommend. Joanna was kind, punctual, efficient, and did an excellent job!"